

## Something in the Water

**Count:** 32

**Wall:** 4

**Level:** Beginner Polka Style

**Choreographer:** Niels Poulsen (Denmark) April 2011

**Music:** Something In The Water by Brooke Fraser. (126bpm)

**Intro:** 16 counts from first beat in music (app. 11 secs into track). Weight on L

### FORWARD R, KICK L FORWARD, BACK L, POINT R BACK, SHUFFLE R FORWARD, ROCK L FORWARD

- 1 – 2 Step forward on R, kick L forward (12:00)  
3 – 4 Step back on L, point R backwards (12:00)  
5&6 Step forward on R, step L behind R (&), step forward on R (12:00)  
7 – 8 Rock forward on L, recover weight back on R (12:00)

### L SHUFFLE BACK, R SHUFFLE BACK, L BACK ROCK, L SHUFFLE FORWARD

- 1&2 Step back on L, step R next to L (&), step back on L (12:00)  
3&4 Step back on R, step L next to R (&), step back on R (12:00)  
5 - 6 Rock back on L, recover weight forward on R (12:00)  
7&8 Step forward on L, step R behind L (&), step forward on L (12:00)

### FORWARD R, ¼ L, CROSS SHUFFLE, L SIDE ROCK, BEHIND SIDE CROSS

- 1 – 2 Step forward on R, turn ¼ L stepping onto L (9:00)  
3&4 Cross R over L, step L to L side (&), cross R over L (9:00)  
5 – 6 Rock L to L side, recover weight to R (9:00)  
7&8 Cross L behind R, step R to R side (&), cross L over R (9:00)

### POINT R, HOLD, & POINT L, HOLD, & HEEL SWITCH R L R, CLAP X 2

- 1 – 2 Point R to R side, hold (9:00)  
&3 – 4 Step R next to L (&), point L to L side, hold (9:00)  
&5&6 Step L next to R (&), touch R heel forward, step R next to L (&), touch L heel forward  
&7&8 Step L next to R (&), touch R heel forward, clap hands (&), clap hands  
– weight on L (9:00)

**Begin again!...** Sing along and be happy, just like this song is!

**Ending:** Complete 10th wall, you'll be facing 6:00: step forward on R, turn ½ R to face 12:00. Tadah!