

Rock & Roll King

Count: 64 Wall: 4 Level: **Improver**

Choreographer: Rachael McEnaney (UK/USA) Dec 2014

Music: Rock and Roll Is King – Electric Light Orchestra. (iTunes) Approx 3.08 mins

Count In: 32 counts from start of track, Begin on vocals Approx 160 bpm

Notes: Thank you to my daddy for suggesting the track.

Tags: There are 2x 4 count tags after 32 counts (toe struts) on walls 3 and 6, see notes below. Also, on the 8th wall the music stops for 1 or 2 counts – KEEP DANCING all the way until the end.

L SIDE, R TOGETHER, L SIDE, R TOUCH, R SIDE, L TOUCH, L SIDE, R TOUCH

1 2 3 4 Step L to left side (1), step R next to L (2), step L to left side (3), touch R next to L (4) 12.00
5 6 7 8 Step R to right side (5), touch L next to R (6), step L to left side (7), touch R next to L (8)
12.00

R SIDE, L TOGETHER, ¼ TURN R, ½ TURN R WITH L HITCH, L BACK, ½ TURN R WITH R HITCH, R FWD, L HITCH

1 2 Step R to right side (1), step L next to R (2), 12.00
3 4 Make ¼ turn right stepping forward R (3), make ½ turn right on ball of R as you hitch L knee (4) 9.00
5 6 Step back L (5), make ½ turn right on ball of L as you hitch R knee (6) 3.00
7 8 Step forward R (7), hitch L knee (8) 3.00

L FWD MAMBO, HOLD, R BACK ROCKING CHAIR

1 2 3 4 Rock forward L (1), recover weight R (2), step back L (3), hold (4) 3.00
5 6 7 8 Rock back R (5), recover weight L (6), rock forward R (7) recover weight L (8) 3.00

R BACK TOE STRUT, L BACK TOE STRUT, R BACK TOE STRUT, L BACK, R TOGETHER

1 2 3 4 Touch R toe back (1), drop R heel to floor (2), touch L toe back (3), drop L heel to floor (4),
3.00
5 6 7 8 Touch R toe back (5), drop R heel to floor (6), step back L (7), step R next to left (8) 3.00

TAGS:-

Wall 3 begins facing 6.00, do the 4 count tag below then Restart facing 9.00

Wall 6 begins facing 3.00, do the 4 count tag below then Restart facing 6.00

1-4 Step forward L (1), clap hands twice (2&), step forward R (3), clap hands (4)

L SHUFFLE FWD, R BRUSH, ¼ TURN R WITH CLAP, ½ TURN L WITH CLAP

1 2 3 4 Step forward L (1), step R next to L (2), step forward L (3), brush R next to L (4) 3.00
5 6 Make ¼ turn right stepping forward R (slightly bent knee) (5), clap hands (6),

Note: The next step is ½ turn left so this is only a slight turn to right – you could think of it as a step to right side and clap hands to right. [6.00]

7 8 Make ½ turn left stepping forward L (slightly bent knee) (7), clap hands (8) 12.00

R STOMP (TOE IN), R TOE FAN OUT-IN-OUT, L STOMP ACROSS R, L SIDE, R STOMP ACROSS L, R SIDE

- 1 2 Stomp forward R (slight bent R knee and turn R toe in) (1), fan R toe out to right side (2) 12.00
3 4 Fan R toe in towards L (3), fan R toe out to right side (weight needs to be on right) (4) 12.00
5 6 Stomp L forward and slightly across R (5), step L to left side (6), 12.00
7 8 Stomp R forward and slightly across L (7), step R to right side (8) 12.00

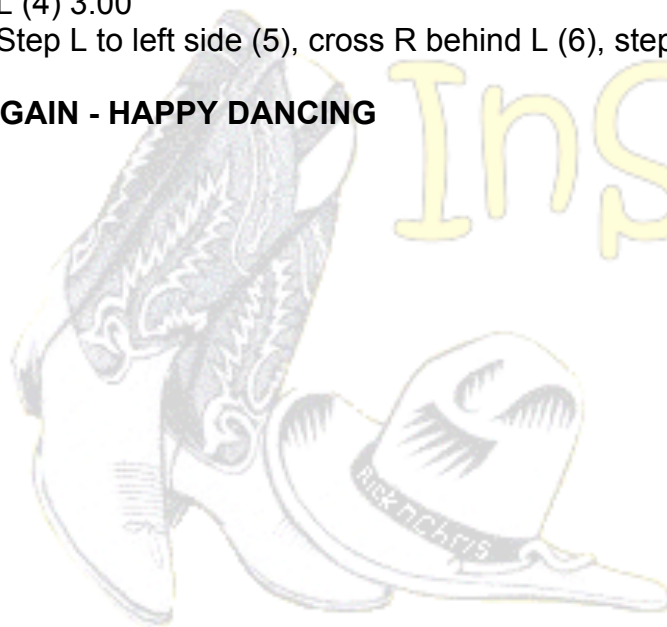
[49 – 56] L FWD, ½ TURN R WITH SHOULDER SHIMMY, R LOCK STEP FWD, HOLD (OR BRUSH)

- 1 2 3 4 Step forward L (1), make ½ turn right as you shimmy shoulders for 3 counts (weight remains on L) (2,3,4) 6.00
5 6 7 8 Step forward R (5), step L next to R (slightly behind R) (6), step forward R (7), hold (or brush L) (8) 6.00

[57 – 64] L JAZZ BOX WITH ¼ TURN L, L WEAVE (L SIDE, R BEHIND, L SIDE, R CROSS)

- 1 2 3 4 Cross L over R (1), make ¼ turn left stepping back R (2), step L to left side (3), cross R over L (4) 3.00
5 6 7 8 Step L to left side (5), cross R behind L (6), step L to left side (7), cross R over L (8) 3.00

START AGAIN - HAPPY DANCING



InStep

LDC