

## Lay Down & Dance

Count: 48      Wall: 4      Level: **Improver**

Choreographer: Vikki Morris (UK) Nov 2016

Music: Baby, Let's Lay Down and Dance – Garth Brooks

Start 32 counts, just before vocals

### **S1: R ROCK RECOVER, R CROSS SHUFFLE, L ROCK ¼ R, L LOCK STEP**

1 2      Rock Right to Right side, Recover on Left  
3&4      Cross Right over Left, Step Left to Left side, Cross Right over Left  
5 6      Rock Left to Left side, Turn ¼ Turn Right (3 o'clock)  
7&8      Step forward Left, Lock Right behind Left, Step forward Left

### **S2: R ROCK RECOVER, TRIPLE FULL TURN, L ROCK RECOVER, ¼ L CHASSE**

1 2      Rock forward Right, Recover on Left  
3&4      Turn full turn over Right on Right, Left, Right (Right Coaster non-turning option)  
5 6      Rock forward Left, Recover on Right  
7&8      Turn ¼ turn Left stepping Left to Left side, Step Right next to Left, Step Left to Left side (12 o'clock)

### **S3: R CROSS, L SIDE, R BEHIND, L SIDE, R CROSS, STOMP L, HOLD, R BACK ROCK RECOVER**

1 2      Cross Right over Left, Step Left to Left side  
3&4      Cross Right behind Left, step Left to Left Side, Cross Right over Left  
5 6      Stomp Left large step to Left side, HOLD

**\*\*\*\*Tag & Restart here wall 5 (12 o'clock), see note \*\*\*\***

7 8      Rock back on Right, Recover on Left

### **S4: R KICK BALL CROSS, R ROCK RECOVER, ¼ R COASTER, L SHUFFLE FORWARD**

1&2      Kick Right to Right diagonal, Step back on Right, Cross Left over Right  
3 4      Rock Right to Right side, Recover on Left  
5&6      Turn ¼ turn Right stepping back on Right, Step Left next to Right, Step forward Right (3 o'clock)  
7&8      Step forward Left, Step Right next to Left, Step forward Left

**\*\*\*\*Restart here walls 3 (9 o'clock) & 6 (3 o'clock) \*\*\*\***

### **S5: R CROSS ROCK RECOVER, R CHASSE, L CROSS, R SIDE, L BEHIND, R SIDE, L CROSS**

1 2      Cross rock Right over Left, Recover on Left  
3&4      Step Right to Right side, Step Left next to Right, Step Right to Right side  
5 6      Cross Left over Right, Step Right to Right side  
7&8      Cross Left behind Right, Step Right to Right side, Cross Left over Right

### **S6: ROCK R RECOVER, FLICK R, R CROSS SHUFFLE, BACK L, R SIDE, L CROSS, CLAP X2**

1 2      Rock Right to Right side, Recover on Left as you flick Right to Right side  
3&4      Cross Right over Left, Step Left to Left side, Cross Right over Left  
5 6      Step back on Left, Step Right to Right side  
7&8      Cross Left over Right, CLAP hands twice

**NOTE: Tag & Restart:**

**Wall five there is a pause for three counts in S3 where the Stomp L is, Count 5 for the stomp, hold for 6 7 8,**

**then Restart the dance from the beginning (you can shout out the numbers for fun 5,6 7,8 )**

**If using the album version (3.10), the restarts are on walls 3 & 7. The Tag and Restart is on wall six after count 4, Stomp Left, hold for 3 counts then Restart.**

**The UK bands are using the backing track to the 2.52 version.**

Last Update – 28th Nov 2016

