

Ball & Chain

64 Count, 2 Wall, Intermediate Choreographer: Michelle Risley (UK) March 2014
Choreographed to: Ball & Chain by Connie Britton & Will Chase, CD: Soundtrack 'Music of Nashville'

WALK, WALK, KICK BALL STEP, WALK, WALK, KICK BALL STEP

- 1-2 Walk fwd. Right, Left
- 3&4 Kick Right fwd. step Right beside Left, step fwd Left
- 5-6 Walk fwd. Right, Left
- 7&8 Kick Right fwd. step Right beside Left, step fwd Left

ROCK STEP, ½ SHUFFLE, FULL TURN, ¼ PIVOT

- 1 2 Rock right foot forward, recover weight to left (12.00)
- 3&4 Make ½ turn right stepping forward on right, step left next to right, step forward on right (6.00)
- 5-6 Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
- 7-8 Step Forward Left, ¼ pivot turn to Right (9oc)

Alternative: count 5-6 Walk Forward, Right, Left

CROSS, SIDE, BEHIND & HEEL & CROSS, SIDE, BEHIND & HEEL

- 1-2 Cross Left over Right Step R foot to R side,
- 3&4 cross L foot behind R foot, Step R foot in place, dig L heel to L diagonal,
- & 56 step L foot in place, cross R foot over left foot, Step L foot to L side,
- 7&8 Step R foot behind L, Step L in place, step L foot to L side, dig R to R diagonal

& CROSS, ½ MONTEREY, BRUSH, SHUFFLE, ¾ PIVOT

- &1 Step R to Place, Cross Left over right
- 2-4 Point Right to Right Side, ½ Right bring Right to place, Brush Left beside right
- 5&6 Left Shuffle Forward (3oc)
- 7-8 Step Right forward, pivot ¾ turn over left shoulder (weight on left) (6oc)

SIDE, HOLD, HINGE ½, HOLD, HINGE ½, HOLD, HINGE ½, HOLD

- 1-2 Step right foot to right side, Hold (click fingers at waist) (6oc)
- 3-4 Hinge ½ turn to the right on ball of right, stepping left foot to left side, Hold (Click Up) (12oc)
- 5-6 Hinge ½ turn to the left on ball of right foot stepping left foot to left side, Hold (Click Down) (6oc)
- 7-8 Hinge ½ turn to the left on ball of left foot stepping right foot to right side, Hold (Click Up) (12oc)

LEFT SAILOR, RIGHT SAILOR, TOE UNWIND ¾, KICK & TOUCH

- 1&2 Cross left behind right, step right to side, step left to side
- 3&4 Cross right behind left, step left to side, step right to side
- 5-6 Cross left behind right, unwind a ¾ turn (weight on left) (3oc)*
- 7&8 Kick Right Forward, step back on Right, Tap the Left across Right

*** Tag/Restart 2nd wall – replace count 6 with 1/2 Turn to Front Wall,
7&8 Kick Right, Jump Back Restart dance facing Front Wall**

2 DOROTHY STEPS, PIVOT 1/2, HOOK, LOCK STEP

- 1-2& Step Left Diagonally forward, Lock Right behind Left. Step Left Diagonally forward Left.
- 3-4& Step Right Diagonally forward, Lock Left behind Right. Step Right Diagonally forward Right.
- 5-6 Step forward Left, making ½ turn right, (Keep Weight on Left) Hook Right in front of Left
- 7&8 Right Lock Step Forward (9oc)

FULL TURN, CROSS ROCK, SIDE ROCK, CROSS, 1/4 TURN, SIDE

- 1-2 Turn 1/2 Turn Right, Stepping Back on Left, Turn 1/2 Right, Stepping Forward on Right (9oc)
3-4 Cross Rock Left Over Right, Recover on Right
5-6 Side Rock Left to Left Side, Recover on Right
7&8 Cross Left over Right, Make 1/4 Left Stepping back on Right, Step Left to Side (6oc)

Start Again

***Tag / Restart: 2nd Wall, End of 6th section, replace count 5-6, 7&8 (Unwind 3/4, Kick & Touch) with:-**

- 5-6 Unwind 1/2 turn to the Front Wall
7&8 Kick Right Forward, Little Jump Back, Right-Left (Kick Out-Out),
Restart from beginning facing (12oc)

To Finish with Music - replace count 16 (1/4 turn) with a 1/2 turn to the FRONT & Step Forward

