

@ The Hop!

Choreographed by *Carmel Hutchinson*

Description: 48 count, 4 wall, beginner/intermediate line dance

Music: **At The Hop** by Danny & The Juniors

¼ LEFT, BEHIND, ¼ RIGHT, HOLD, ¼ RIGHT, BEHIND, ¼ LEFT, HOLD

1-2 *Step right forward into ¼ turn left, side step left behind right*

3-4 *Side step right into ¼ turn right, hold*

5-6 *Step left forward into ¼ turn right, side step right behind left*

7-8 *Side step left into ¼ turn left, hold*

FORWARD, ½ LEFT, FORWARD, HOLD, RUN, RUN, RUN, HOLD

1-4 *Step right forward, turn ½ turn left, step right forward, hold*

5-8 *Run step left forward, run step right forward, run step left forward, hold*

¼ LEFT, BEHIND, ¼ RIGHT, HOLD, ¼ RIGHT, BEHIND, ¼ LEFT, HOLD

1-2 *Step right forward into ¼ turn left, side step left behind right*

3-4 *Side step right into ¼ turn right, hold*

5-6 *Step left forward into ¼ turn right, side step right behind left*

7-8 *Side step left into ¼ turn left, hold*

FORWARD, ½ LEFT, FORWARD, HOLD, RUN, RUN, RUN, HOLD

1-4 *Step right forward, turn ½ turn left, step right forward, hold*

5-8 *Run step left forward, run step right forward, run step left forward, hold*

FORWARD, HOLD, ½ RIGHT, HOLD, ½ RIGHT, HOLD, ¼ RIGHT, HOLD

1-4 *Step right forward, hold, step left forward into ½ turn right, hold*

5-8 *Step right back into ½ turn right, hold, step left forward into ¼ turn right, hold
(weight. Left)*

FORWARD RIGHT & LEFT TOE-HEEL STRUTS

1-4 *Touch right toe forward, drop right heel, touch, left toe forward, drop left heel*

4-8 *Touch right toe forward, drop right heel, touch left toe forward, drop left heel*

REPEAT